Course Catalog

Updated November 2021

50+ **hours** of inclusion training

80+ **resources** available to download

Earn up to **12.1** CEUs

ICON KEY

- Article
- Booklet
- eLearning Module
- Instructor Led Course
- **SP** Spanish
- Tools
- Training Guide
- Video
- Webinar (recorded)
- Webinar (live)

This document provides a comprehensive list of content available in KIT Academy for account holders. The content has been categorized by topic/issue. This course catalog is updated as needed to reflect significant changes. The most recent content may be in the process of being added to KIT Academy.

To access the listed content, please go to **LearnOnline.kit.org** and sign into your account. Type the title of the content you are looking for into the "keyword" box. If you need assistance, contact the KIT Help Desk at **support@kit.org.**

KIT offers IACET-accredited Continuing Education Units (CEUs) for successful completion of course requirements for online courses. CEUs provide a permanent record of the educational accomplishments of an individual and also provide a quality indicator for our continuing education and training programs. KIT has been reviewed and approved for complying with the internationally recognized standard.

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2021 Recent & Upcoming Webinars:
Communication Basics and Beyond Series

*Subject to change. Check the KIT Academy calendar for updates. Webinar recording available 48 hours after live event.

Sep — **Unpacking Behavior: Is it Expected, Challenging, Concerning, or Unsafe?**
CEUs: **0.1**   *Language:* **English**

Oct — **What's that you say? Speech, Language, and Communication Basics**
CEUs: **0.1**   *Language:* **English**

LIVE **Nov 17** — **Moving Beyond "Use Your Words": Supporting Receptive and Expressive Communication**
CEUs: **0.1**   *Language:* **English**

LIVE **Dec 15** — **Understanding Common Speech and Language Disorders**
CEUs: **0.1**   *Language:* **English**

KIT Academy
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KIT Academy Tour
CEUs: **n/a**   *Language:* **English**

Using Resources
CEUs: **n/a**   *Language:* **English**

Using the Dashboard
CEUs: **n/a**   *Language:* **English**

Behavior

Addressing Bullying
CEUs: **0.1**   Language: **English**

Behavior as Communication
CEUs: **n/a**   Language: **English**

Behavior: Avoidance or Attention Seeking?
CEUs: **0.1**   Language: **English**

Connect and Redirect: A Strategy to Support Behavior
CEUs: **0.1**   Language: **English**

Connect & Redirect Play-by-Play
CEUs: **n/a**   Language: **English**

Guidance for Unsafe Situations
CEUs: **0.1**   Language: **English**

I Want it Now...Impulse Control
CEUs: **0.1**   Language: **English**

**Infant/Toddler Series:
Behavior and Emotions in the Toddler Years**
CEUs: **0.1**   Language: **English**

**Preschool Series:
Is It Fair? Addressing Equity in the Classroom**
CEUs: **0.1**   Language: **English**

Preschool Series: Responding to Today's Child
CEUs: **0.1**   Language: **English**

Preschool Series: Why is it Hard to Support 3-year-olds?
CEUs: **0.1**   Language: **English**

Redirecting Challenging Behavior
CEUs: **0.1**   Language: **English**

Reflect, Connect & Redirect Tip Sheet
CEUs: **n/a**   Language: **English**

Respondiendo a Comportamientos Negativos
CEUs: **n/a**   Language: **Spanish**

Responding to Negative Behaviors
CEUs: **n/a**   Language: **English**

**School-Age Series:
Making Behavior Support Plans Work for You**
CEUs: **0.1**   Language: **English**

Setting Realistic Expectations
CEUs: **0.1**   Language: **English**

Supporting Positive Communication
CEUs: **n/a**   Language: **English**

Understanding The Why Of Behavior
CEUs: **0.1**   Language: **English**

**Unpacking Behavior:
Is it expected, challenging, concerning or unsafe?**
CEUs: **0.1**   Language: **English**

Using Positive Reinforcement
CEUs: **0.1**   Language: **English**

Using Your Voice
CEUs: **n/a**   Language: **English**

COVID-19

Masks: Engaging with Infants
CEUs: **n/a**   Language: **English**

**Re-Imagining During COVID:
Creating an Emotionally Safe Space for Staff**
CEUs: **0.1**   Language: **English**

**Re-Imagining During COVID:
Rituals, Routines, and Expectations**
CEUs: **0.1**   Language: **English**

**Re-Imagining During COVID: Strategies to Try
When You Feel Like You've Tried Everything**
CEUs: **n/a**   Language: **English**

**Re-Imagining During COVID:
The Family-Caregiver Partnership**
CEUs: **0.1**   Language: **English**

Supporting Distance Learning in Your Programs
CEUs: **0.1**   Language: **English**

Supporting Virtual Learning for Students with IEPs
CEUs: **n/a**   Language: **English**

Teaching Signs
CEUs: **n/a**   Language: **English**

The "Secret Sauce" of Post-Quarantine Re-Entry
CEUs: **n/a**   Language: **English**

Development

Biting: The Developmental Stage
CEUs: **0.1** *Language:* **English**

Infant/Toddler Series:
Language and Processing in the Toddler Years
CEUs: **0.1** *Language:* **English**

Planning for Sensory Differences
CEUs: **0.1** *Language:* **English**

Preschool Series: Making Sense of the Sensory System
CEUs: **0.1** *Language:* **English**

Understanding Brain Basics
CEUs: **0.1** *Language:* **English**

Understanding Teen and Tween Development
CEUs: **0.1** *Language:* **English**

Disability Topics

ADHD: A Parent's Perspective
CEUs: **0.1** *Language:* **English**

ADHD: Myths Debunked
CEUs: **0.1** *Language:* **English**

Autism Questions Answered
CEUs: **n/a** *Language:* **English**

Disability Accommodations
CEUs: **n/a** *Language:* **English**

Es esta programa el lugar adecuado para mi hijo
CEUs: **n/a** *Language:* **Spanish**

Examples of Possible Accommodations for
Children and Youth with Disabilities
CEUs: **n/a** *Language:* **English**

Growing Up with Autism
CEUs: **0.1** *Language:* **English**

How to Implement Visual Supports for Activity Areas
CEUs: **n/a** *Language:* **English**

Including Children & Youth with
Significant Developmental Disabilities
CEUs: **0.1** *Language:* **English**

Nuts and Bolts of the IFSP and IEP
CEUs: **0.1** *Language:* **English**

School-Age Series: Afterschool and the IEP
CEUs: **0.1** *Language:* **English**

Sensory Support - How to Accommodation Children
Who are Over or Under-Sensitive
CEUs: **n/a** *Language:* **English**

Sensory Supports
CEUs: **n/a** *Language:* **English**

Supporting Children Who Are Non-Verbal
CEUs: **n/a** *Language:* **English**

Understanding Autism
CEUs: **0.1** *Language:* **English**

Understanding Visual and Auditory Disabilities
CEUs: **0.1** *Language:* **English**

Fostering Friendships

Facilitating Peer Interactions
CEUs: **0.1** *Language:* **English**

Promoting Friendship Among All Students
CEUs: **0.1** *Language:* **English**

Setting the Stage for Friendships
CEUs: **n/a** *Language:* **English**

Social Support - How to Facilitate Positive Interactions
CEUs: **n/a** *Language:* **English**

Foundations of Inclusion

Partnering with Families
(Course 4 Foundations of Inclusion eSeries)
CEUs: **0.1** *Language:* **English**

Respectful Accommodations
(Course 2 of Foundations of Inclusion eSeries)
CEUs: **0.1** *Language:* **English**

The Value of Disability Inclusion
(Course 1 in Foundations of Inclusion eSeries)
[Formerly Introduction to Inclusion]
CEUs: **0.1** *Language:* **English**
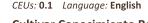
Viewing Behavior as Communication
(Course 3 in Foundations of Inclusion eSeries)
[Formerly Introduction to Inclusion]
CEUs: **0.1** *Language:* **English**

Inclusion Basics

Celebrating Differences
CEUs: **0.1** *Language:* **English**

Cultivar Conocimiento Respetuoso
Enrelacion con Las Discapacidades
CEUs: **n/a** *Language:* **English**

Cultivate Respectful Disability Awareness
CEUs: **n/a** *Language:* **English**

Engaging All Learners
CEUs: **n/a** *Language:* **English**

Debunking the Myths of Inclusion
CEUs: **0.1** *Language:* **English**

Middle School/Teen Series: Disability and Diversity
CEUs: **0.1** *Language:* **English**

Supporting Children and Youth in Family Child Care
CEUs: **0.1** *Language:* **English**

Supporting Staff Roles in Inclusion
CEUs: **0.1** *Language:* **English**

Top 5 Trends in Disability Inclusion
CEUs: **n/a** *Language:* **English**

Inclusion Tool Kit

Case-by-Case Checklist
CEUs: **n/a**   Language: **English**

Case-by-Case Checklist How-To
CEUs: **n/a**   Language: **English**

Caught Being Great
CEUs: **n/a**   Language: **English**

Celebrating Diversity with Teens
CEUs: **n/a**   Language: **English**

Communicating Your Commitment to Inclusion Checklist
CEUs: **n/a**   Language: **English**

Consejos Para Programas Inclusivos
CEUs: **n/a**   Language: **Spanish**

For All: Inclusive Youth Programs
CEUs: **0.1**   Language: **English**

Getting the Most from Your Visual Schedule
CEUs: **n/a**   Language: **English**

How to Have an Inclusive Prom
CEUs: **n/a**   Language: **English**

How to Use Pictures to Enhance Activities
CEUs: **n/a**   Language: **English**

Inclusion Checklist for Programs
CEUs: **n/a**   Language: **English**

Inclusive Program Goals
CEUs: **n/a**   Language: **English**

Inclusive Schools Week Activity Guide
CEUs: **n/a**   Language: **English**

Lista Enumerada de Inclusion para Promgramas
CEUs: **n/a**   Language: **English**

Mensajes de Programas Inclusivos
CEUs: **n/a**   Language: **English**

Middle School/Teen Series: Helping Teens with Disabilities Navigate the Dating World
CEUs: **0.1**   Language: **English**

On the Move: Bag O'Tricks
CEUs: **0.1**   Language: **English**

Perspective on Disability - Cara Liebowitz
CEUs: **n/a**   Language: **English**

School-Age Series: Realistic Individual Supports for Your Program
CEUs: **0.1**   Language: **English**

Scripted Stories
CEUs: **n/a**   Language: **English**

Simple Signs
CEUs: **n/a**   Language: **English**

Top Program Resources
CEUs: **0.1**   Language: **English**

Top Tips for Inclusive Programs
CEUs: **n/a**   Language: **English**

Visual Supports
CEUs: **n/a**   Language: **English**

Management Resources

Building Strong Teams
CEUs: **n/a**   Language: **English**

Contributing Factors Assessment Tool
CEUs: **n/a**   Language: **English**

Contributing Factors Assessment How-To
CEUs: **n/a**   Language: **English**

Exploring Expectations
CEUs: **n/a**   Language: **English**

Helping Staff Manage Expectations (Management)
CEUs: **0.1**   Language: **English**

Implementing Strategies in the Classroom
CEUs: **n/a**   Language: **English**

Reflexion Guiada de Entrenamiento Necesario
CEUs: **n/a**   Language: **Spanish**

Reigniting the Spark: Helping Staff Get Their Groove Back
CEUs: **0.1**   Language: **English**

Strength-Based Approach to Needs
CEUs: **n/a**   Language: **English**

Supporting Staff Through Conflict
CEUs: **0.1**   Language: **English**

Training Needs Guided Reflection
CEUs: **n/a**   Language: **English**

Movement and Play

Accommodations for Games
CEUs: **0.1**   Language: **English**

Creating Movement Opportunities Indoors
CEUs: **0.1**   Language: **English**

Indoor Gross Motor Games
CEUs: **n/a**   Language: **English**

Inclusive Movement for School Age
CEUs: **0.1**   Language: **English**

Infant/Toddler Series: Sensory Activities
CEUs: **0.1**   Language: **English**

Infant Sensory Activities
CEUs: **n/a**   Language: **English**

Preschool Circle Time
CEUs: **0.1**   Language: **English**

Successful Group Time for School-Age Children and Youth
CEUs: **0.1**   Language: **English**

Toddler Circle Time
CEUs: **0.1**   Language: **English**

Yoga in Your Program
CEUs: **0.1**   Language: **English**

Parents and Families

5 Questions to Ask Families
CEUs: **n/a**   *Language:* **English**

5 Questions To Ask Families in Action
CEUs: **n/a**   *Language:* **English**

Conversations with Families
CEUs: **n/a**   *Language:* **English**

Conversations with Families Video
CEUs: **n/a**   *Language:* **English**

Gathering Information from Families
CEUs: **n/a**   *Language:* **English**

Getting Buy-In from Families
CEUs: **n/a**   *Language:* **English**

How to Communicate Effectively with Parents
CEUs: **n/a**   *Language:* **English**

Interaction Series:
Respectful Conversations with Families
CEUs: **0.1**   *Language:* **English**

Preshool Series:
To Be (or Not To Be) in Denial
CEUs: **0.1**   *Language:* **English**

Recolectando Informacion para Familias
CEUs: **n/a**   *Language:* **English**

Respectful Conversations with Families
CEUs: **0.1**   *Language:* **English**

Speaking with Families about Inclusion
CEUs: **0.1**   *Language:* **English**

Supporting Families of Children with Disabilities
CEUs: **0.1**   *Language:* **English**

Supporting Families Through the Deployment Cycle
CEUs: **0.1**   *Language:* **English**

Talking to Families about Development Concerns
CEUs: **0.1**   *Language:* **English**

Program Environment

Defining Expectations:
Teaching Children What is Expected of Them
CEUs: **n/a**   *Language:* **English**

Effective Calming Spaces
CEUs: **n/a**   *Language:* **English**

Exciting Ways to Engage Youth
CEUs: **0.1**   *Language:* **English**

Inclusion & STEM
CEUs: **0.1**   *Language:* **English**

Individual Sensory Activities
CEUs: **n/a**   *Language:* **English**

Infant/Toddler Series:
Safe Ways to Meet the Need to Climb
CEUs: **0.1**   *Language:* **English**

Making Activities Accessible with Everyday Items
CEUs: **0.1**   *Language:* **English**

Multi-Sensory Stories
CEUs: **n/a**   *Language:* **English**

Nature-Based Learning:
Making Outdoor Spaces Appealing to Teens
CEUs: **0.1**   *Language:* **English**

Nature-Based Learning:
More Than Just a School-Age Playground
CEUs: **0.1**   *Language:* **English**

Nature-Based Learning: Taking Learning Outdoors
CEUs: **0.1**   *Language:* **English**

Nature-Based Learning:
Teaching Early Childhood Skills Outside
CEUs: **0.1**   *Language:* **English**

Preparing for Summer Environments
CEUs: **0.1**   *Language:* **English**

Spaces to Meet Sensory Needs
CEUs: **n/a**   *Language:* **English**

What's Trending in Youth Programs?
CEUs: **0.1**   *Language:* **English**

Youth Leadership Series: Benefits of Youth Leadership
CEUs: **0.1**   *Language:* **English**

Youth Leadership Series: Empowering Youth Leaders
CEUs: **0.1**   *Language:* **English**

Youth Leadership Series: Engaging Youth Leaders
CEUs: **0.1**   *Language:* **English**

Social-Emotional Support

Apoyando El Desarrollo Emocional Niño Pequeños
CEUs: **n/a**   *Language:* **Spanish**

Burnout Series: 5 Phases of Burnout
CEUs: **n/a**   *Language:* **English**

Burnout Series: Avoiding Burnout
CEUs: **n/a**   *Language:* **English**

Burnout Series: Causes of Burnout
CEUs: **n/a**   *Language:* **English**

Calming Tools
CEUs: **n/a**   *Language:* **English**

Characteristics of Mental Health Challenges
CEUs: **0.1**   *Language:* **English**

Conflict Management for Teens and Tweens
CEUs: **0.1**   *Language:* **English**

Coping Skills for Tweens & Teens
CEUs: **0.1**   *Language:* **English**

Social-Emotional Support course listings continue on next page.

De-escalating Teen Drama
CEUs: **0.1** *Language:* **English**

Helping Children & Youth Develop Coping Skills
CEUs: **0.1** *Language:* **English**

How To Build Resilience Skills in Children and Youth
CEUs: **n/a** *Language:* **English**

**Infant/Toddler Series:
Activities that Support Social-Emotional Development**
CEUs: **0.1** *Language:* **English**

**Infant/Toddler Series: Laying the Foundation
for Social-Emotional Development**
CEUs: **0.1** *Language:* **English**

**Infant/Toddler Series: Rock-a-Bye Baby -
Comforting Infants throughout the Day**
CEUs: **0.1** *Language:* **English**

Mental Health Basics
CEUs: **n/a** *Language:* **English**

Positive Interactions with Children and Youth
CEUs: **0.1** *Language:* **English**

Preschool Conflict Resolution
CEUs: **0.1** *Language:* **English**

Proactive Practices to Support Children and Youth
CEUs: **0.1** *Language:* **English**

School-Age Series: Conflict Resolution
CEUs: **0.1** *Language:* **English**

**School-Age Series:
Teaching Youth to Respect Differences**
CEUs: **0.1** *Language:* **English**

Self-Care Before, During, and After Work
CEUs: **n/a** *Language:* **English**

**Self-Regulation Series:
Staying Grounded - Overview of Self-Regulation**
CEUs: **0.1** *Language:* **English**

**Self-Regulation Series: Staying Grounded - Refueling for
Improved Self-Regulation in School Age Care**
CEUs: **0.1** *Language:* **English**

**Self-Regulation Series: Staying Grounded -
Teaching Self-Regulation in Early Childhood Classrooms**
CEUs: **0.1** *Language:* **English**

**Self-Regulation Series: Staying Grounded -
Risk & Rewards for Middle Schoolers and Teens**
CEUs: **0.1** *Language:* **English**

Supporting Toddler Emotional Development
CEUs: **0.1** *Language:* **English**

Supporting Mental Wellness
CEUs: **0.1** *Language:* **English**

**Using Playful Engagement to Enhance
Social-Emotional Skills**
CEUs: **0.1** *Language:* **English**

Using Relaxation Techniques
CEUs: **0.1** *Language:* **English**

Using Small Groups to Enhance Social-Emotional Skills
CEUs: **0.1** *Language:* **English**

Staff Resources

Breathe and Relax: Self-Care Strategies
CEUs: **0.1** *Language:* **English**

Effective Group Communication
CEUs: **0.1** *Language:* **English**

**Infant/Toddler Series:
Harnessing the Power of Reflection**
CEUs: **0.1** *Language:* **English**

Infant/Toddler Series: Resources/Q&A
CEUs: **n/a** *Language:* **English**

Interaction Series: Connecting with Your Co-Workers
CEUs: **0.1** *Language:* **English**

Managing a Preschool Group
CEUs: **0.1** *Language:* **English**

Managing a School-Age Group
CEUs: **0.1** *Language:* **English**

**Managing Expectations in a Mixed-Age
Preschool Classroom**
CEUs: **0.1** *Language:* **English**

Middle School/Teen Series: Resources/Q&A
CEUs: **n/a** *Language:* **English**

**Preschool Series: If Not You, Then Who?
Real-World Advocacy**
CEUs: **0.1** *Language:* **English**

Preschool Series: Resources/Q&A
CEUs: **n/a** *Language:* **English**

School-Age Series: Resources/Q&A
CEUs: **n/a** *Language:* **English**

**Staff Empowerment Series:
Uncovering Your Strengths and Opportunities**
CEUs: **0.1** *Language:* **English**

**Staff Empowerment Series: Using Your
Self-Regulation Skills to Respond to Behavior**
CEUs: **0.1** *Language:* **English**

Staying Motivated this Summer
CEUs: **0.1** *Language:* **English**

Strengthening Staff Communication
CEUs: **0.1** *Language:* **English**

Taking Care of Yourself
CEUs: **0.1** *Language:* **English**

Understanding the KIT Support Pyramid
CEUs: **n/a** *Language:* **English**

Summer Camp (Available February-September)

Ready, Set, Summer: Camp Inclusion 101
CEUs: **n/a**   *Language:* **English**

Ready, Set, Summer:
How to Respond to Challenging Behavior
CEUs: **n/a**   *Language:* **English**

Ready, Set, Summer:
Prep for Success: Superior Camp Environments
CEUs: **n/a**   *Language:* **English**

Ready, Set, Summer:
Teaching Youth to Respect Differences
CEUs: **n/a**   *Language:* **English**

Transitions

Attention Getters
CEUs: **n/a**   *Language:* **English**

Creating Strong Transitions
CEUs: **0.1**   *Language:* **English**

Easing Transitions
CEUs: **n/a**   *Language:* **English**

FUNctional Transition Activities
CEUs: **0.1**   *Language:* **English**

Managing Group Transitions
CEUs: **n/a**   *Language:* **English**

Movin' on Up:
Transition Tips, Templates, and Best Practices
CEUs: **0.1**   *Language:* **English**

Preschool Series: The Naptime Transition
CEUs: **0.1**   *Language:* **English**

The Five Stages of Naptime Transition
CEUs: **n/a**   *Language:* **English**

Transition Activities for Every Age
CEUs: **n/a**   *Language:* **English**

Transition Songs
CEUs: **n/a**   *Language:* **English**

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